



Saint Anthony Cable Mittens

By Heideh Sarfehjo

Size: Adult medium

Materials: Approximately 130 yards of bulky weight yarn. I used Lamb's Pride Bulky.

US size 9 or 10 circular needles or dpns or size needed to obtain gauge

Cable needle (or dpn)

Yarn needle for weaving in ends

Gauge: 3.4 stitches per inch in stockinette

Notes: Cable rows are in bold.

I've written the directions with a slash between sections: Back of mitten / Front of mitten

Abbreviations:

K2tog: knit 2 stitches together

P2tog: purl 2 stitches together

SSK: slip 2 stitches knitwise one at a time to right needle. Insert left needle into the front of the stitches and then knit the 2 stitches together

C4F: slip 2 stitches onto the cable needle and hold in front of work. Knit the next 2 stitches, then knit the 2 stitches from the cable needle.

C4B: slip 2 stitches onto the cable needle and hold in back of work. Knit the next 2 stitches, then knit the 2 stitches from the cable needle.

M1L: with the left needle, lift the strand between the stitches from front to back and knit through the back loop.

M1R: with the left needle, lift the strand between the stitches from back to front and knit through the front loop.

PSSO: pass slipped stitch over knitted stitch and off of right needle

Pattern:

Left Mitten:

Cast on 30 stitches. The first 14 stitches are the back of the mitten (2 stitches will be added later) and the next 16 stitches are the front of the mitten.

Cuff:

Join and knit in the round as follows:

Rows 1-6: (P2, K2)x3, P2 / K2, P2, (K2, P1)x2, K2, P2, K2

7: (P2, K2)x3, P2 / K2, P2, C4F, C4B, P2, K2

8: (P2, K2)x3, P2 / K2, P2, K8, P2, K2

9-10: (P2, K2)x3, P2 / K2, P2, (K2, P1)x2, K2, P2, K2

11: K1, M1L, K12, M1L, K1 / K2, P2, (K2, P1)x2, K2, P2, K2

12-13: K16 / K2, P2, (K2, P1)x2, K2, P2, K2

14: K16 / K2, P2, C4F, C4B, P2, K2

Start Gusset:

15: K14, M1L, K1, M1R, K1 / K2, P2, K8, P2, K2

16: K18 / K2, P2, (K2, P1)x2, K2, P2, K2

17: K14, M1L, K3, M1R, K1 / K2, P2, (K2, P1)x2, K2, P2, K2

18: K20 / K2, P2, (K2, P1)x2, K2, P2, K2

19: K14, M1L, K5, M1R, K1 / K2, P2, (K2, P1)x2, K2, P2, K2

20: K22 / K2, P2, (K2, P1)x2, K2, P2, K2

21: K14, M1L, K7, M1R, K1 / K2, P2, C4F, C4B, P2, K2

22: K24 / K2, P2, K8, P2, K2

23: K14, M1L, K9, M1R, K1 / K2, P2, (K2, P1)x2, K2, P2, K2

24: K26 / K2, P2, (K2, P1)x2, K2, P2, K2

25: K14, M1L, K11, M1R, K1 / K2, P2, (K2, P1)x2, K2, P2, K2

26: K28 / K2, P2, (K2, P1)x2, K2, P2, K2

27: K14, M1L, K13, M1R, K1 / K2, P2, (K2, P1)x2, K2, P2, K2

28: K30 / K2, P2, C4F, C4B, P2, K2

29: K14, slip 1 knitwise, slip 13 stitches onto scrap yarn, K1, pssso, K1 / K2, P2, K8, P2, K2

30-34: K16 / K2, P2, (K2, P1)x2, K2, P2, K2

35: K16 / K2, P2, C4F, C4B, P2, K2

36: K16 / K2, P2, K8, P2, K2

37-41: K16 / K2, P2, (K2, P1)x2, K2, P2, K2

42: K16 / K2, P2, C4F, C4B, P2, K2

43: K16 / K2, P2, K8, P2, K2

Top Decreases:

44: SSK, K12, K2tog / K2, P2tog, K2, P1, K2, P1, K2, P2tog, K2

45: K14 / (K2, P1)x4, K2

46: SSK, K10, K2tog / (K2, P1)x4, K2

47: K12 / (K2, P1)x4, K2

48: SSK, K8, K2tog / SSK, P1, (K2, P1)x3, K2tog

49: K10 / K1, P1, C4F, C4B, P1, K1

50: SSK, (K2tog)x4 / SSK, (K2tog)x5

Cut yarn and draw end through remaining stitches and secure tightly.

Thumb:

Put 13 stitches on being held on scrap yarn back on the needles.

1: knit first and last stitch together, then knit first round.

2-9: knit

10: (K2tog, K1) repeat to end of round

11: knit

Cut yarn and draw through remaining stitches to close thumb. Weave in the end.

Use the starting end of the thumb yarn to close the gap where the thumb meets the hand.

Right Mitten:

Follow directions for cuff as in left mitten.

Right Gusset:

15: K1, M1L, K1, M1R, K14 / K2, P2, K8, P2, K2

16: K18 / K2, P2, (K2, P1)x2, K2, P2, K2

17: K1, M1L, K3, M1R, K14 / K2, P2, (K2, P1)x2, K2, P2, K2

18: K20 / K2, P2, (K2, P1)x2, K2, P2, K2

19: K1, M1L, K5, M1R, K14 / K2, P2, (K2, P1)x2, K2, P2, K2

20: K22 / K2, P2, (K2, P1)x2, K2, P2, K2

21: K1, M1L, K7, M1R, K14 / K2, P2, C4F, C4B, P2, K2

22: K24 / K2, P2, K8, P2, K2

23: K1, M1L, K9, M1R, K14 / K2, P2, (K2, P1)x2, K2, P2, K2

24: K26 / K2, P2, (K2, P1)x2, K2, P2, K2

25: K1, M1L, K11, M1R, K14 / K2, P2, (K2, P1)x2, K2, P2, K2

26: K28 / K2, P2, (K2, P1)x2, K2, P2, K2

27: K1, M1L, K13, M1R, K14 / K2, P2, (K2, P1)x2, K2, P2, K2

28: K30 / K2, P2, C4F, C4B, P2, K2

29: slip 1 knitwise, slip 13 stitches onto scrap yarn, K1, pssso, K15 / K2, P2, K8, P2, K2

30-50: same as left mitten

Thumb: same as left mitten

Now it's time for blocking. I wet the mittens and neatly stuff them with paper towels to open up the cables as they dry.